



CENTRE OF SECURITY EXCELLENCE

## Personal Safety & Security Awareness

(Course Ref: PSSA)

### Course Overview

C.O.S.E. offers a varied range of specialist personal safety and security awareness courses delivered by leading safety and security experts. Experience has shown that to obtain the best results from such courses, they should be focused on the client's specific needs, and/or those of the particular industry, business sector or organisation.

Courses relating to personal safety or security awareness can be designed for corporate personnel at every level of an organisation. Consequently, senior directors and managers, as well as reception staff and personnel carrying out customer-facing front-line duties, can benefit from a bespoke designed course that address the specific risks and threats that such persons may face, no matter how senior or junior their individual role.

### Course Contents Includes

The following are examples of safety and security awareness courses written and delivered to date:

- Personal safety briefings for Government personnel posted overseas
- Executive personal safety & security briefings for senior corporate directors & managers
- Security awareness courses for secretaries & reception staff
- Security awareness & safety briefings for private & international school staff & students
- Security awareness training for Local Government staff
- Personal self-defence training (break-away techniques)

### Duration

These courses can be designed to cover a set of topics from intensive two-hour short courses, to a full day or longer, depending on the nature of the risks and threats faced by the personnel, and of course their specific job functions and responsibilities.